



Domestic Violence, a Plague of Our Society

The Shasta County District Attorney's office presented a topic important to all of us. We should be aware of what to look for, it may save someone's life.

HISTORY SUGGESTING DOMESTIC VIOLENCE:

- Physical symptoms related to stress
- History inconsistent with injury
- Delay in seeking aid
- Injuries during pregnancy
- Repeat visits to health care providers for treatment of injuries
- Evasive, reluctant to speak in front of partner
- Unexplained, multiple or old physical injuries
- Traumatic injury or sexual assault
- Suicide attempt(s)

This problem transcends all levels of society. It can not only effect adults but also children. Deputy District Attorney Amber Zumalt Lane, Investigator Mike Wallace and Advocate Robyn Reger presented a detail program describing the difference between choking and strangulation. Choking is most like accidental with something caught in ones throat. Definitely a time for the Heimlich procedure. Strangulation is defined as compression of the neck that may lead to unconsciousness or death by causing an increasingly hypoxic state in the brain. This is never accidental.

The picture is not a pretty one most often dealing with a man doing the choking. Fifty percent of strangulations leaves no visible sign of injury. These results come from a San Diego study of 300 non-fatal strangulation cases. Thirty five percent had injuries to small to photograph. The final fifteen percent had injuries sufficient to photograph. Only three percent of the victims seek medical attention.



On a regular basis in the San Diego study there was too little physical evidence to corroborate the choking incident. The criminal justice system is then forced to treat the choking like a slap in the face.

So lies the problem of reporting the incident by the victim. Often there would be a price to pay for seeking help.

Domestic Violence a Plague of Our Society Continued

Also part of the San Diego study is that in fifty percent of the time children we present. This presents a whole new group of problems. Not only are the children frightened but they could grow up becoming part of the problem themselves. Young boys who are physically abused are three times more likely to strangle someone in the home. The shocking aspect of the problem is boys who witness strangulation are six times for likely to become an offender.

Anatomically there are some important facts to know. Eleven pounds of pressure on the carotid artery for 10 seconds will produce unconsciousness. Occlusion of the jugular vein only needs 4.4 pounds of pressure to produce unconsciousness. In the case of the trachea, 33 pounds will occlude. More than that will fracture the trachea. Lethal progression of strangulation is as follows:

- 10 seconds leads to passing out.
- 20 seconds should bounce back on own.
- 30 seconds need to revive if they don't bounce back.
- 50 to 100 seconds point of no return.
- 4 minutes or less means brain death.

Victims of strangulation are 800% more like to become victims of homicide. All these facts and figures are not easy to discuss but we must all face facts. There are victims out there that need help.

The Shasta County District Attorney's Office supplies training to local law enforcement, first responders, nurses, advocates, shelter staff and crisis line volunteers. The DA's office also sends a multidisciplinary team to the Training Institute on Strangulation Prevention. Created a larger multidisciplinary team consisting of public and private agencies as well as local medical experts to educate and enhance response to these crimes to better serve the survivors. The office also supplies expert witness in court to better educate a jury.

One of Redding's havens for victims of attack is "One Safe Place."



President Dave's Recognitions

1. Jim Chapin: Sold his building but has not retired. \$100.00
2. Stephanie Bridgett: Youngest child started pre-school. \$100.00
3. Leslie Williem: Spotted socializing at the logging conference. \$100.00
4. Dee Domke: Vacation in Palm Desert. \$100.00 to the Endowment

Honor to Youth

This months student is Marcio Mendonca Coimbra who is enrolled in Shasta College's new Bachelors Degree program in health care administration. Marcio is an international student from Brazil. He stated that he has enjoyed being in Redding and attending Shasta College.

Craft Talk

Today's craft talk was given by Dave Howland. Dave is a third generation Rotarian. He is a C.P.A. Dave owns Subway and Round Table franchises.

Fund Raiser Card Game

The card game won by Dan Ghidinelli. He lost in the drawing. Thirty five tickets were sold by Amelia Ward and Richard Malotky.


Calendar	
February 25th	Team Ward/West "God Loves Us so he gave us the Cannabis Collective"
March 3rd	Job Shadow
March 5th	Wild Game Feed Fund Raiser - Elks Club 6:00 p.m.
March 10th	TBA
March 17th	TBA
March 24th	I — House Visit

Save the Date
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Saturday, March 5th
Redding Elks Lodge
6-9 p.m.
\$50 Donation per Person

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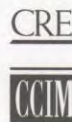


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