

## Meeting Date: February 2, 2017

## Girls on the Run

Rick Hill, once again, entertained us with his beautiful guitar playing before the meeting started. Thanks, Rick. President Ray introduced Leslie Williem, a co-chair of Team 6, who got things going. Jay Farguhar led the pledge, Joe Wyse did the invocation.

Joe announced that **Rush Blodgett**, a longtime member, had passed away. **Rush** was a pillar of this community and will be sorely missed. He had been a member of our club since January 26, 1956. His services are scheduled for Saturday, February 11<sup>th</sup> at 1:00 pm at the All Saints Episcopal Church in Redding.

Announcements: Scholarships: Lisa Jeter announced that scholarship applications are on our



web site and ready for possible applicants.

I-House Visit: Kelli Anthis let us know that the I-House scholars will be coming to Redding from March 27<sup>th</sup> to the 30<sup>th</sup>. This is a program where we host approximately 30 to 35 scholars from the University of California at Berkeley in our homes. It is a wonderful program that has been ongoing since 1954. Plan to participate. Ask Kelli or Amelia how you can help.

## Bowlathon: Mary Brace, Eva Jimenez and

the Keyway Committee are sponsoring the Bowlathon again this year. It will have a 70s tie dyed theme and be held on February 25<sup>th</sup>. This is a lot of fun as well as a major fundraiser for our club. You can participate many ways, put together a team, sponsor a lane, donate prizes and raffle items, or just attend. If you haven't been to one of these before, plan to go and you will find what you have been missing. See Mary or Eva for more details on how to participate.



**Valentine's Day Luncheon: Next** Thursday will be our annual Valentine's Day Luncheon. **Amelia** and her crew always make this a real celebration. Bring your "sweetie" and enjoy the fun.



**International Project:** Jeanne Jelke gave a presentation about a project with our twin club in Chilliwack Canada and the **Club** Rotario Tepic Paraíso Tepic, Nayarit, México. Jeanne, Kathy Anderson and Amelia Ward will be going to Tepic, Mexico to help build a park that is accesible by kids in wheelchairs and others. It was jointly funded by Columiba Center Rotary Club in Chilliwack, Canada \$20,000. Our club \$6000, and the Tepic Paraiso club in Mexico \$10,000. Godspeed to the Tres Amigas. What a great project.





**Wild Game Feed:** Greg Balkovek gave a report on the Wild Game Feed held at the McConnell Foundation. It was a great success and Greg wanted to acknowledge all who helped.

W	ild Game Feed 2017 Crew	
Cooking Crew		
Greg Balkovek	Kathy Balkovek	
Tom Stovall	Karen Stovall	
Jason Salter	Ray Stewart	
Jeff Avery	Randy Tate	
James Tate	Gene Poch	
Beth Misfud	Bob Paget	
Susan Smith	Bob Smith	
Dave Gerard		
Facilities		
Lee Salter - the	McConnell Foundation	
Three Traeger S	mokers and a Weber gas BBQ provided by	
Greg Balkovek,	Lee Salter and Jason Salter	
Reservations		
Karen Stovall		
Table Set-up / Deco	orations	
Amelia Ward	Kathy Anderson Stacy Raudman	
Susie Michiels	Kathy's granddaughter Victoria Cavelli	
Donation of Game		
Greg Balkovek	Joe Balkovek Randy Tate	
Bob Paget	Lee Salter	
Richard Malotky	James Tate	
Serving & Clean - U	lp	
Boy Scout Troop	37 McConnell Foundation Staff	

Craft Talk: Kathy Malain gave her craft talk today. Kathy had a varied career in the education field.



Kathy Malain

She worked as a teacher, a special ed teacher, a counsellor, and helped start U-Prep. She served as the principal and superintendent of U-Prep before retiring. She has two sons and since retirement, she and her husband like travelling, skiing, and enjoying the Redding area. **Kathy** has been a member since March 2016 and has the classification of superintendent/principal retired. Nice job, **Kathy**, it's nice to know you a little bit better.

**Recognitions: Gary Burks** paid \$100 to the club for being politically incorrect. Was heard to say "The girls will take care of it". Thanks **Gary**, you were probably lucky to get off so easy.

Kurt Starman is retiring as city manager and donated \$100 to his Shan and in a nice gesture, donated \$100 to Mike Warren's Shan. Thanks, Kurt.



Program: Claire Johnson came up from Chico to educate us about a very

worthwhile program called "Girls on the



Claire Johnson, GOTR, Executive Director

**Run".** This program works with girls from 3<sup>rd</sup> to 8<sup>th</sup> grades. It has been in Shasta County since 2005 and in Butte County since 2010. The two councils have now merged to become Girls on the Run Northstate. They now serve Shasta, Tehama, Glenn and Butte counties.

Currently there are about 800 girls in Shasta county involved in the program. The program helps develop the skills to enjoy life by helping young girls in the areas of Team-building, Creating a support

system, Boundary setting, Making connections & friendships, Goal setting, Problem solving, Emotional regulation, Standing up for

themselves and others, Self-care, Overcoming obstacles, Decision making, and Asking for and providing help.

This is done through a 10-week curriculum, typically after school and on the school grounds. A large part of the activities incorporates running and at the end of the "course" the girls participate in a 5K run.

The results of a recent survey stated that "The program's life-

skill lessons and running aspect combined ARE building girls' confidence and teaching them how to make healthy decisions".

More information about the program and to find how you might support this worthwhile organization can be found at their website: www.gotrnorthstate.org.



Calendar	
Feb 9	Valentine's Day Program
Feb 16	Oshkosh Air Adventure 2016, Tom Stovall
Feb 23	Air BnB Rachel Hatch and Larry Vaupel
March 2	Rise Program Jake and Michelle
March 9	Job Shadow
March 16	Grindstone program Chet Sunde

## **Day Editor and Production: Dave Dennis**

Kudos to Ken Seamans. Ken has taken it upon himself to increase the number of Spillway Advertisers. You can see the results. Great job, Ken. Your efforts are most appreciated.





