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June 2017

Rotary Fellowship Month



The Rotary Club of Redding celebrating Memorial Day, hosted 30 armed forces recruits at our most recent meeting. These recruits are entering the U.S. Army, U.S. Navy, U.S. Marine Corps and the U.S. Air Force. All of the Redding area High Schools were represented at this year's celebration.

This year some 57 high school student total are entering the military from the Redding and surrounding areas. Each year the Rotary Club of Redding endeavors to honor those who are offering their services to protect our country. Some are leaving for active duty right away and some later during the summer and fall.

The keynote speaker this year was Senior Master Sergeant Tommy Key, the Shasta County Veterans Service Officer. Sergeant Key works with our veterans and their families to attain the state and federal benefits they earned and so richly deserve for serving our country.

Sergeant Key had a very appropriate motivational presentation for all the recruits. He gave them some insight as to what to expect day one when arriving at boot camp. Tommy said first stay focused and prepare yourself mentally and physically. He advised to know your chain of command. The military instructors will definitely know the chain of command. He mentioned to be prepared for anything. Most drill instructors and non commissioned officers will try to get your attention in the most unusual ways. It may be ripping your bunk or turning over your foot locker. This is to be expected. They are really interested in how you respond to this kind of activity. Again stay focused.



Sentinel Sendoff Continued

The main recommendation by Tommy was to go overseas. First because there is extra pay for overseas duty. Next it is your chance to see the world. Take advantage of this fantastic opportunity. Tommy also said it is very important to learn your job well. You have a chance to advance through apprentice, journeyman and specialist. Something that helps most recruits is to find someone you can trust and look up to. This usually an non-commissioned officer. This person will have invaluable advice on your time in the military.

Sergeant Key said to work hard and try to make yourself invaluable. Once you have an established position, try to be the one they can't do without. This is what is meant by being invaluable. Do the jobs that help the team and show you know what teamwork is.

Most important from Tommy was to invest in your retirement. It is never to early to start to save and invest. The military has some great opportunities to invest for your future.

Finally Sergeant Key said to think about where you want to be in five, ten and even twenty years down the road. This is your plan for life. Establish where you want to be when you leave the armed forces. Once you leave what will you do with our life. What profession will you enter and eventually retire from. The education opportunities in the military are invaluable for what you will do with the rest of your life. Learn skills that will stay with you the rest of your life.

Tommy's final words were "don't forget to have fun." Being a soldier is serious business but even though you will be doing a very important job, it is important to enjoy that job and have fun in your off duty hours.

Tommy thanked all the recruits for stepping forward and joining all those who wish to protect America. The Rotary Club of Redding wishes each and every recruit the best of luck in all their future endeavors.

Every new recruit received a special certificate from the Rotary Club of Redding and that was presented by incoming president Richard Malotky. As a side to what this meeting was all about, when the Sentinel Sendoff program was initiated by Rotary International, it was first intended to honor all those stepping forward to defend our country. But also it was intended to provide a contact to all recruits to have someone to write to especially if they didn't have family at home. Most important for all recruits is to know there is someone at home who wants to hear from them and cares for them at all times.

Thanks to Greg Balkovek and the Veteran's Committee for all the hard work that went into organizing and producing this very special day. A highlight of the program was the presentation of colors by the Honor Guard of the Veteran's Memorial Cemetery in Igo, CA.



The Rotary Club of Redding Honored Veterans

These are the Rotarians whose names appear on the plaque of the oldest veteran honored in our club. Each Veteran's Day we honor the oldest living veteran in our club.

Lieutenant Ray Williams

Colonel Rush Blodget

First Lieutenant Robert Dicker

Staff Sergeant Rudy Balma

Staff Sergeant Richard Green

She loves to volunteer and participate, Karen Edkin Stovall

By Marjeanne Stone

Karen first joined Redding Rotary in 1994. Her sponsors, Gary Burks and Sherrill Bambauer, encouraged her to join and be active. She quickly became a 4 foot 10 inch dynamo, and has been so ever since. In 2001, Karen moved out of the area, but returned in 2003, and Nick Girimonte sponsored her return to Rotary in 2007. In fact, Nick takes credit for Tom and Karen marrying.

As one of the original co-chairs of the Bowlathon, Karen has been fully involved, including being Keyway Chairperson twice, serving on the Board of Directors, was Attendance Chair for several years, was Rotarian of the Quarter twice, and has served on the Demotion committee for over 10 years! She has been involved in several skits for the Rotary presidential demotion. Karen was originally in Soroptimist, and her efforts brought the Thanksgiving Basket project to Redding Rotary in 1983. She chaired this Thanksgiving Rotary Project for several years along with Past President Ray Foust. She has worked to promote ticket sales for the Wild Game Feed and assisted during this fun evening. She has served on the Spillway committee for many years.



While in Redding she has served on the United Way Allocations Committee, taught medical insurance billing at Shasta College and worked as a volunteer at Shasta Regional Medical Center.

Karen was born in Portland, Maine. Her dad was in the Navy. Following WWII, the family moved to Chico, where her father was a steamfitter/plumber. As a result of his vocation, the family had lots of moves, including Hanford, Washington and finally settling in Santa Rosa. Karen attended Santa Rosa schools starting in sixth grade and graduated from Santa Rosa High. She has attended several junior colleges. Rather than pursue a specific college degree, Karen opted for studies that gave her a myriad of skills and talents, and a variety of career options. She is a polished public speaker and has been an accomplished administrative assistant at the Tulare Chamber of Commerce, and the Ventura Chamber and Visitors Bureau. She started her own medical consulting and billing firm in 1979 and sold it ten years later. She then managed several orthopedic practices before taking

4 foot 10 inch Dynamo Continued

a position at Simpson University where she worked as a secretary for the music department and then transferred to be executive secretary working for Larry McKinney, while he was president of Simpson. She decided to retire and have more time to travel. A natural care giver, Karen remains involved with and committed to making a difference, to our community, and especially through Rotary.

Karen loves to travel. She has traveled all over Europe, Egypt, Israel, Mexico and Greece. One of her favorite trips was her safari to Kenya and Tanzania with her husband Tom and fellow Rotarian Ed Tam. She has done several River Cruises on the Danube, Rhine, Elbe and Moselle rivers. She purchased a 33 foot motor home in 2004 and had driven 37,000 miles around the U.S. and Canada prior to selling it in 2016. She enjoys sharing her trip videos with fellow Rotarians and friends.



Her hobbies include doing arts and crafts, card making and all her various quilting projects. Most of her quilts are donated to various charitable functions for their raffles or silent auctions. She is active and engaged in many interests, including Rotary. She and Tom married in 2009, and they are a team! Tom and Karen have 3 dogs, Karen's Schnauzer, Sasha, a 2 ½ year old Black Pug, Olive Oil, and Abby Shuto, a 1 year old beige Pug (named after the NCIS star). They also have 2 cats (mini mouse and Jethrow (again NCIS star), and 2 mules. She is a real NCIS fan.



Karen and Tom attend PP Art Smithson's demonstration at Giliagan's Island

Karen has two sons, Brian and Chris and two grandchildren: Emily, 22, who graduated from the University of Miami with a degree in sports marketing May 12th. Emily will be the graduate athletic marketing director at Auburn University, Auburn, Alabama starting in July for the next two years. Evanston, 19, is studying criminology at Humboldt State.

Karen states that she is very proud of where our Redding Rotary has gone with the Thanksgiving Project since 1983. She was a Rotary "Ann" when first involved with Rotary back in 1971. She recommends newcomers get engaged..."Find your niche." Find what interests you. Accept responsibilities. By being on the attendance committee, you meet and greet everyone. "There's an opportunity out there for whatever you might find pleases you."

Years ago, when she moved to Redding, she lived in Sunset Terrace. The house had lots of windows but she had to find a stool to be tall enough to see out. They all started at 5 feet from the floor. But in Rotary, Karen is a giant...she embodies the spirit of giving and service above self, and being a willing partner in changing lives for the better. She stands very tall in our eyes and in our gratitude.

Firefighter to Optometry— A lady of vision

By Karen Karnatz

Once a firefighter by night and a student by day, Dr. Kristi Davis put in the work to become the successful Doctor of Optometry that she is today.

Raised in Palo Cedro, Dr. Davis graduated from Enterprise High School and then attended three years at Shasta College before transferring to UC Davis for a year. She received her BA from Forest Grove Pacific University outside Portland, and then stayed an additional four years at their Optometry Program.

And when was she a firefighter? To support herself through school, she worked as a seasonal firefighter for the CA Department of Forestry and Fire Protection in Tehama County, then as a resident volunteer firefighter/EMT/Engineer for the Forest Grove Fire and Rescue Station, where she received room and board.



Upon graduation, she headed back home and did fill-in work with other Doctors for a year. When Dr. Jeff Kossol, who maintained a practice in Burney, was ready to retire, she took over his practice – Eye Care Associates. As it was already set up on a three-day workweek, it worked well for Dr. Davis' family and she commuted from the Redding area for 9 years, usually with her babies in tow.

As a child, her eye Doctor was our Rotary friend Dr. David Dennis and in 2012, he was ready to retire. Dr. Davis then sold her practice in Burney and headed back down to Redding where she would come full circle – a business back home and now Dr. Dennis' Optometrist. Dr. Dennis also sponsored Kristi for membership in the Redding Rotary Club.

Originally, the practice was located on Bechelli, but she knew that she wanted a little more room to create an elegant office space for her clients. A year later, she moved to the location where she is presently, 2515 Park Marina Dr. Ste. 201.

Dr. Davis' Optometry office can assist with all your eye care needs, including eyeglasses and contacts. As an Optometrist, Dr. Davis can also diagnose and treat eye disease such as glaucoma and macular degeneration, as well as treat injuries, infections and the like.

If Dr. Davis were to give a Public Service Announcement it would be this – get your eyes checked annually! Many eye conditions do not show symptoms, so it is best to have your eye health regularly checked by a professional to avoid or lessen future issues. With the daily computer use that we have become accustomed to, it is even more important these days... The other thing that you should know is that Shasta County has 24 hour emergency eye care available. If you experience an eye injury, call your Optometrist! The doctors rotate so that you can be seen at any time, day or night.



Outside of work, Dr. Davis is the wife of our AV friend Todd, and together they have three children; Hayden, Lauren and Keaton. Both Kristi and Todd love participating in Rotary events, especially when they can get their children involved. Community is important and they are teaching their children early to serve others.

June Member Anniversaries

Member Anniversaries	Start Date	Years	Years(P)	Total
Burris, Douglas S. (DOUGLAS)	06/27/91	26	0	26
Craft, Steve (STEVE)	06/12/14	3	0	3
Dacquisto, Michael (MICHAEL)	06/01/00	17	0	17
Dicker, Robert J. (ROBERT)	06/09/94	23	0	23
Downard, Sherrie (SHERRIE)	06/23/11	6	0	6
Lenroot, Rush A. (RUSH)	06/24/82	35	0	35
Mancasola, John A. (JOHN)	06/14/90	27	0	27
Martin, Michael (MIKE)	06/12/14	3	0	3
Seamans, Brian (BRIAN)	06/23/11	6	0	6
Stovall, Thomas L DVM(TOM)	06/17/71	46	0	46
Tate, James D (JAMES)	06/24/82	35	0	35
Whitlow, Jessica (JESS)	06/09/16	1	0	1

June Anniversaries

June Birthdays

Wedding Anniv	Partner	Date	Years	Member Birthdays	Birthday
Barzin, Dara	Keli	06/21	11	Cunningham, Janice (JANICE)	01 June
Bridgett, Stephanie	Sean	06/05	13	Girimonte, Joseph A. (JOE)	09 June
Corey, Patrick	Bernice	06/30	38	King, Jean M (JEAN)	23 June
Dean, Joanna	Larry	06/01		Lyons, Kristen (KRISTEN)	19 June
Ferraiuolo, Paul	Sue	06/30	11	Mangas, Jacob R (JACOB)	11 June
Gerard, Louis J. Jr.	Diane	06/30	60	Marler, Vickie (VICKIE)	24 June
Gifford, Richard	Valerie	06/21	34	Michiels, Susan K. (SUSIE)	16 June
Grant, James M.	Hazel	06/08	47	Myers, David R. (DAVE)	01 June
Green, Richard W.	Gretchen	06/12	63	Ryan, Charles W. (CHARLES)	25 June
Harrison-Smith, Betty	Rick	06/15	49	Spafford, Charles H. (CHUCK)	17 June
Howland, Justin	Cynthia	06/16	61		
Hurst, Fred	Donna	06/23	2		
Mathena, John R.	Jean	06/28	59		
Poch, Eugene F.	Marlys	06/14	59		
Rincon, Mark A .	Sherry	06/09	43		
Spafford, Charles H.	Sherral	06/29	59		
Stewart, Ray	Sharon	06/17	56		
Stovall, Karen	Tom	06/13	8		
Stovall, Thomas L DVM	Karen	06/13	8		



Editor and Production - Tom Stovall

Calendar June 2017

June 1st	California Humanities by CEO Julie Fry
June 8th	Redding Waterfowl by Jane Work , Greg Balkovek and Tom Stovall
June 15th	Catalyst Young Professionals by
June 22nd	Demotion at PE Richard Malotky's Home. No noon meeting.
June 29th	Dark





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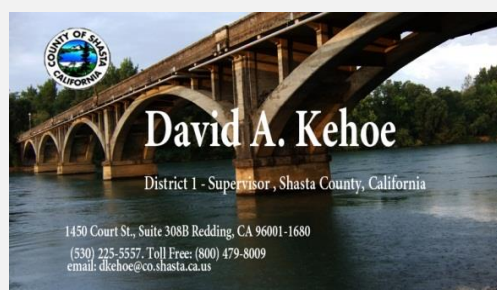
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