



Meeting Date: June 21<sup>st</sup> 2018

## *Treating Drug Addiction in Shasta County*

Before the meeting, **Jennifer Finnegan** and **Rick Hill** entertained us with their fine musical skills. Thanks, **Jennifer** and **Rick**.

**Getting Started:** **Acting President Ray** announced that the meeting was brought by **Team 5** with Team Captain **Jeff Avery**. The invocation was provided by **Mark Rincon**.

### **Announcements:**

- **Ed Rullman** announced that June 28 will be the last meeting of the year and it will be put on by the Redding Rotary Past Presidents. It will have a Hawaiian theme, with Mai Tais and Hawaiian dancing. There will also be an abundance of raffle items. So wear your Island attire and come prepared for a fun time!
- **Dar Barzin** announced that there will be a blood drive on July 26, from 11:00 a.m. to 1:30 p.m. at Riverview Golf & Country Club. All participants will receive a free T-Shirt and My BloodSource Rewards. To sign up, please contact **Dar** at 524-1408. Walk-ins are welcome.



**Jennifer Finnegan & Rick Hill  
(Left to Right)**

- **Acting President Ray** congratulated **Vickie Marler** and **Janice Cunningham** for all of their efforts in organizing the Redding Rotary Summer Celebration. The event was a success! 235 tickets were sold. After deducting expenses, \$12,500 was raised. Thank you **Vickie** and **Janice** for an outstanding event!



### Recognitions:

**Mark Rincon:** For saying during the invocation that June 21, the summer solstice, was the longest day of the year, when every day has 24 hours. **Mark** failed to clarify it was the longest day of sunlight. Whatever amount he still owes.

**Tiger & Susie Michiels:** Just Because. \$400.

**Jay Farquhar:** For his upcoming retirement and his trip to Disneyland. Whatever amount he still owes.

**Bobby Ranger:** For his golf outing. Whatever amount he still owes.

**Judy Salter:** For her ziplining in Costa Rica. \$100.

**Diane Kempley:** For her trip to Hawaii. \$100 to her Paul Harris.



**Dr. Candy Stockton**

**Program:** **Judy Salter** introduced **Dr. Candy Stockton**, the Director of the Integrated Substance Abuse Program at Shasta Community Health Center. **Dr. Stockton** began practicing addiction medicine seven years ago. She informed the Club about the nature of addiction and effective methods for treatment. Drug addiction is a growing problem in Shasta County. Drug overdose is the leading cause of accidental death in the County. One in four fatal car accidents involve drug impairment. Shasta County has the highest rate in California of babies born to drug addicted mothers. In order to effectively address the problem, we need to understand the nature of addiction. Drug addiction is not a moral failing or a character flaw. It involves both a chemical component in the brain, as well as an environmental component. For example, persons from solid family backgrounds will generally not become addicted to drugs after using them once or twice. But coming from a difficult environment makes it

more likely to lead to drug addiction. Effective addiction treatment is designed to address both (1) the chemical aspects, and (2) the environmental aspects. Medication treatment is provided to stabilize the person. Once stabilized, behavioral treatment is provided to address the underlying environmental concerns. Addiction is a chronic disease, affected by lifestyle changes, and lasting years. In that respect, it is like diabetes. The more we understand the nature of addiction, the more we are able to offer effective treatment. Thank you **Dr. Stockton** for an informative presentation about a serious disease.

## Calendar

<b>June 28th</b>	<b>Past Redding Rotary Presidents – Hawaiian Theme</b>
<b>July 5th</b>	<b>No Meeting</b>
<b>July 12th</b>	<b>First Meeting With New President Greg Dunbar</b>

**Day Editor and Production: Rubin Cruse**




**Missy McArthur**  
Community Advocate



Find me on Face Book  
MissyMcArthur.com  
missymcarthur@gmail.com

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**Greg Dunbar, P.E.**  
Managing Principal  
Civil Engineer  
Lic. 56522

**Senator K. Maurice Johannessen (ret)**  
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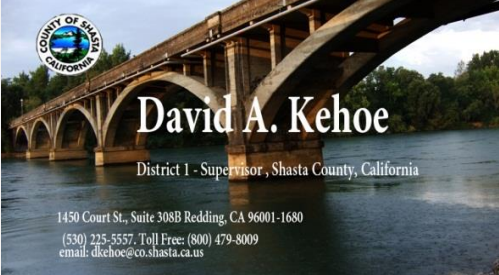
737 Auditorium Drive  
Redding, CA 96001

(530) 241-7500  
Fax (530) 241-5953

mbjohannessen@gmail.com




**Bruce Dean**  
Co-Founder

**David A. Kehoe**  
District 1 - Supervisor, Shasta County, California

1450 Court St., Suite 308B Redding, CA 96001-1680  
(530) 225-5557, Toll Free: (800) 479-8009  
email: dkehoe@co.shasta.ca.us

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Mobile: 530.520.1673  
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linkedin.com/in/anthonynikki

adeccousa.com

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**email click here**



[jpricecpa@charter.net](mailto:jpricecpa@charter.net)  
**JUDY L. PRICE, CPA, INC.**  
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**MARJEANNE STONE, B.A., M-RAS, CADC-II**  
EXECUTIVE DIRECTOR

M-RAS: #S9910070908  
CADCII: #A01545315

1237 CALIFORNIA ST  
REDDING, CA 96001

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Vice President  
District Manager, Shasta Humboldt District



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530.244.1896 fax  
[jill.letendre@usbank.com](mailto:jill.letendre@usbank.com)

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LPL Registered Principal  
CA Insurance #0C11704

1314 Trinity St.  
Redding, CA 96001  
[jason.waybright@lpl.com](mailto:jason.waybright@lpl.com)  
[www.lpl.com/jw](http://www.lpl.com/jw)

530.243.1386 Office  
530.243.1469 Fax

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