



Death and Dignity

Today's Introductions

Teresa Adams & Jill Letendre introduced the members of Team 1. Those who helped out in today's meeting: **Rick Fauss** led the flag salute. **Marjeanne Stone** gave the invocation. Past President **Steve Westlake** introduced our guests and visitors. **Steve Westlake & Rob Adams** were the Sergeant-at-Arms. **Kristy Lanham, Bill Howland, & Kristin Lyons** were our greeters, Keyway greeter was **Jim Schlueter**. **Stacey Crain** sold Plinko tickets..



The new Rotary shirts are here!
Steve Westlake and Steve Clark model the wares

On the mic today...



Teresa & Jill...
introducing their team



Marjeanne Stone...
with the invocation



Steve Westlake...
welcoming our guests



President Greg...
with a mighty big gavel

Calendar

November 1	McGregor Scott
November 8	Veterans' Day Program
November 15	Cajun James - How SPI manages burned-over lands
November 22	DARK - Thanksgiving

Club announcements

- **Jeff Avery** - In relation to Carr Fire recovery, last Saturday was the first city-wide effort to get straw and waddles in place to protect against erosion to protect property, rivers, and streams. Volunteers are needed for additional efforts this coming Saturday the 27th. If you are interested in helping, reach out to Jeff at jeff@jeffavery.net
- Team 7 will have a social on November 8th
- **Jill Letendre** - reported on the Keyway social that took place last Thursday at the pool deck at the Sheraton. Lots of food, drinks and outdoor games were enjoyed by all. Thanks to **Lindsay Myers** for all her hard work on this event.
- **Karen Karnatz** - announced Team 3's upcoming social, "Spirits & Spirits", a history-themed walking tour. All Rotary members are invited to join the fun, please RSVP to **Karen** at karen.karnatz@dignitymemorial.com
- **Kristy Lanham** - announced our upcoming 2018 Vocational Service Award, to be presented at our meeting on November 1st. Nominations are being accepted through Monday, October 29th. Please contact **Kristy** at lanfam4@gmail.com, or **Cindy Fisher** at cfisher@bankcornerstone.com. Nomination form is also included in this edition of the Express, please see page 4.
- November is Rotary Foundation Month, The first 20 people who give at least \$100 to their first Paul Harris will get a club match of 100 recognition points.
- **Teresa Adams** donated another one of her amazing cheesecakes for auction at our meeting today. **Karen Karnatz** was the winning bidder at \$400.
- The Spirit of Rotary recognition was bestowed upon **Jill Letendre** today. Thanks for all you do for the club and our community **Jill!**



In Honor of Halloween Next Week

For next week's meeting (the day after Halloween), please bring in any unwanted Halloween candy and we will have it donated to a good cause.

Secondly, send pictures of your costumes from this year to av@reddingrotary.org with the names of those pictured and a description of the costumes. Best child's costume will win \$50 gift certificate to Barnes and Noble, best adult costume will win a \$100 gift certificate to C.R. Gibbs. Photos must be received by 9am on 11/01/2018 to be included.

Speaking of Halloween...

Kathy Anderson donated some Trump-themed Halloween items for auction at today's meeting. The enthusiastic bidder and winner of these items was **Judy Salter**. The photo to the right shows her modeling these great Halloween accessories.



Recognitions

- **Judy Flores**, in addition to receiving her blue badge today, she was recognized for receiving a check from McQueen High School in Reno for over \$10,000. This money is being used for student survivors of the Carr Fire to buy replacement athletic gear. She was also recognized for being named the Administrator of the Year by the CA Association of School Administrators. \$200 total to the club
- **Lee Salter** - for a trip to Scotland and an elk hunting trip, \$100 for each trip.
- **Gary Engel** - two knee replacements, \$50 per knee.
- **Ray Stewart** - for being the surprise recipient of our entire Morgan Stanley account - his fine was \$623,000, a record for our club, but it was suspended.
- **Julie Gussenhoven, Vickie Marler, and Janice Cunningham** - for a "Thelma and Louise" trip to Asheville, NC, \$100 from **Julie & Vickie**, \$200 from **Janice**.
- **Jake Mangas** - somebody had pretty amazing hair in high school, and evidence surfaced to support this, no fine other than the red face Jake had over this revelation. Party in the back!! :)
- **Stacey Crain** - for a vacation to Cancun, \$100
- **Tim Thomas** - for a trip to DC and the Big Apple with his niece, \$100
- **Karen Karnatz** - for yet another fire behind Lawncrest, no fine
- **Mark Cibula** - for being late to every Rotary meeting and for his daughter winning Best of Show in the last Sundial Film Festival, \$200



Receiving her Blue Badge today was
Judy Flores

Program "Death and Dignity"



President Greg presents
today's speaker, Dr. Debra
Newman with our priceless
Rotary coffee mug

Randy Smith introduced our guest speaker for the day, Dr. Debra Newman who presented a program she titled "Death and Dignity".

She began the program by discussing the various options available to individuals facing a terminal illness, but the focus of the talk was centered on "medical aid in dying". Specifically, she talked about the California's End of Life Option Act which allows terminally ill, mentally capable adults six months or less to live (as diagnosed by a physician) to request a doctor's prescription for medication that they could decide to take in their final days or weeks to end unbearable suffering and die peacefully.

The eligible individual must make a total of three voluntary requests - two oral requests at least 15 days apart and one written request - to the attending physician. The requests cannot be made by anyone other than the terminally ill person and the request cannot be made via an advance healthcare directive.

Some other particulars include: the person must be a resident of CA, be acting voluntarily, be informed about all other end-of-life options, be informed that they may choose not to take the aid-in-dying medication even after they have obtained it, be capable of self-administering and ingesting the aid-in-dying medication.

Dr. Newman encouraged everyone to have conversations with family members about these options early in life and prior to the onset of a terminal illness to allow for thoughtful consideration of this topic.



Rotary Club of Redding 2018 Vocational Service Award Nomination Form

October is Rotary International's Vocational Service Month! It is in this spirit, that we time to celebrate and recognize our community leaders who embody the Rotary Code of Ethics and model the 4-Way Test! It's a strong tradition in our club, to present an annual ***Vocational Service Award*** to a local business or an individual in our community who has exemplified outstanding professional achievement and high ethical standards, while serving others through their vocation.

Vocational Service focuses on:

- ❖ *Adhering to and promoting the highest ethical standards in all occupations*
- ❖ *Recognizing the value of all useful occupations, not just those that are pursued by Rotarians*
- ❖ *Contributing one's vocational talents to meeting the needs of the community and society as a whole*
- ❖ *Living the ethics expressed in The 4-Way Test and the Declaration for Rotarians in Business and Professions, which promote high ethical standards in the workplace, a central theme of Rotary throughout its history*

Rotarians are encouraged to solicit nominations from members of the community and/or nominate a well-deserving candidate yourself! Both Rotarians and non-members are eligible for this prestigious award; nominations will **be accepted thru October 29th 2018.**

Nominee (Individual/Business): _____

Contact Person/Owner: _____

Address: _____ Phone: _____

E-Mail: _____

Reason(s) for Nomination (please provide specifics for the Committee's consideration):

Nominator: _____ Business: _____

Phone: _____ E-Mail: _____

Deadline to submit nominations is October 29th; they may be submitted via e-mail or in hard copy to the 2018 Program Chairs: Cindy Fisher cfisher@bankcornerstone.com –or- Kristy Lanham lanfam4@gmail.com

Note: The Vocational Service Award Presentation is scheduled to take place on **November 1, 2018.**

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