

February 1, 2021

# the SPILLWAY



Rotary Club of Redding  
District 5160 | Club Number 456

Jake Mangas  
Club President

Mark Roberts  
District Governor

## Let The Fun Begin, Virtual Good Times With Pres. Jake



Jenn showed us beautiful scenery with music.  
[Click on the picture to hear the intro music.](#)

## Jake's Virtual Recognitions



Michelle Nystrom is seen enjoying a trip to Nevada. The reason she was there is her daughter is graduating from law school. It must be good to have an attorney in the family. Free legal advice whenever you need it. Jake asked Michelle what she could give legally to Rotary. The legal answer was \$100.00. Thanks Michelle and congratulations on your daughters graduation.

Julie Gussenhoven was in charge of the raffle gift at a recent Redding Rotary meeting. It seems she forgot about arranging for the gift. This could happen to anyone but it happened to Julie. President Jake jumped on the opportunity to enhance the club coffers. Julie contributed \$100.00 to where-ever the club needed it. Thanks Julie for giving Mike Mangas his \$25 gift prize.



# Fundraiser With Plenty Of Fun To Be Had





Rotary Club of Redding  
presents

# DOLLARS 4 DARES

for a good cause  
of course


The Rotary Club of Redding fundraiser is going to include our Rotary Board! They have agreed to do crazy Dares **IF** we reach our fundraising goals.....

More information and instructions to follow next week....Stay Tuned!!!




### HOW IT WORKS


- Board Members pick a dare
- A fundraising goal is set
- We collect pledges toward that dare
- Once the goal is met, they do that dare
- We record them doing the dare
- We show you the video on April 1, 2021
- No fooling!



### JAKE, JEFF & JOE AYER'S NOSE WAX




**DARE GOAL - \$4,000**



### DOLLARS 4 DARES

for a good cause  
of course

DARE	DESCRIPTION	GOAL
Jake, Jeff & Joe Ayer's Nose Wax	Remember how much fun it was to watch Jake squirm when he and Michelle got their noses waxed? Want to see it again... and watch President Elect Joe Ayer and Past President Jeff Avery do it too?! So do we! It'll cost \$4,000 to convince them to be this brave. How much money will you contribute to this cause?	\$4,000
Jenn Serenade's Strangers	Incoming Director, Jenn Finnegan, has agreed to serenade three random people at the Shasta Mall. We have to get to the goal of \$1,500 to watch this hot mess play out, though. Who's with me?!	\$2,000
Randy's Pregnancy Suit for an Hour @ Work	Director of Fundraising Randy Yale has agreed to spend one hour at work, in his office, doing what he normally does... but doing it while wearing a Pregnancy suit! The best part? We'll get to see videos/ photos of it. Wanna help make this happen?	\$1,750
Joe Ayer & Joe Hedayatzeleh - Balloon Popping	Let's see who's better at popping balloons with their backsides. It's Joe Vs. Joe in a Balloon Popping competition! Director of Local Service Projects, Joe Ayer, and Director of International Projects, Joe Hedayatzeleh, will go head to head in this serious (not really) competition! The catch? They can only pop the balloons by sitting on them!	\$1,500



### HOW TO PLEDGE

- Fill out the pledge form online
- or-
- Print, complete, and mail/fax/email pledge form to Rotary office
- Kim will invoice you for your pledge amount
- Pledges due by March 31, 2021

# Where The Money Goes

Girls, Inc.: \$2,390  
 One SAFE Place: \$5,634  
 Empire Recovery Center: \$3,000  
 Lassen Park Foundation: \$2,500  
 Roughout Ranch Foundation: \$500  
 Cub Scout Pack 44: \$945  
  
 Total Awarded: \$14,969



## ROTARY GRANTS AWARDS



# Girls, Inc. - The Low Down



Girls Inc. inspires all girls to be strong, smart, and bold. Our comprehensive approach to whole girl development equips girls to navigate gender, economic, and social barriers and grow up healthy, educated, and independent.

Empowering girls in a more equitable society.

## Girls Inc.

of the Northern Sacramento Valley

Erin discussed the Girls Inc. program emphasizing their goals and objectives for the participants.



Erin Chiniewicz, Exec. Director



## Mind + Body

Girls Inc. Mind+Body supports and promotes the whole health of girls ages 6 to 18, using a philosophy which recognizes that many factors, including physical and mental wellness, contribute to girls' health. Consequently, the Initiative focuses on four critical content areas:

- **Physical Activity:** Every girl can find a type of physical activity that she not only enjoys, but that also accommodates her lifestyle, culture, and schedule.
- **Body Image:** Girls of all shapes, sizes, weights, and capabilities have the right to feel good about their bodies and appreciate the bodies of others.
- **Nutrition:** It is possible for girls to identify a strategy for healthy eating that works for her body, circumstance, budget, home life, culture, and activity level.
- **Stress Management:** It is important for girls to understand that stress is a normal and acceptable part of life, and that handling stress in a healthy way is a key factor in having a strong and healthy body and mind.



# BLOOD DRIVE



Because of you, life doesn't stop

## BLOOD DRIVE Redding Rotary

Thursday, February 4  
11 A.M. – 3 P.M.  
Vitalant Blood Center  
2680 Larkspur Lane, Redding

For an appointment, [click here](#) or go to [donors.vitalant.org](https://donors.vitalant.org) and enter Blood Drive Code SMFM171 or call Vitalant at 530.243.0160.

Please bring photo ID.  
Please eat well and drink plenty of water prior to donating.



**ADVANCE APPOINTMENTS** are encouraged to help maintain social distancing.



All donors must bring and wear a **MASK** or **CLOTH-BASED FACE COVERING**.



**DONATIONS TESTED FOR COVID ANTIBODIES** to help identify potential convalescent plasma donors.



# Welcome To a New and Returning Rotarian



President Jake is seen introducing our new Redding Rotarian Todd McEfee and Returning Rotarian Lindsay Myers.

Seen to Pres Jake's right is Todd's sponsor, Lee Salter. Welcome Todd and Lindsay.

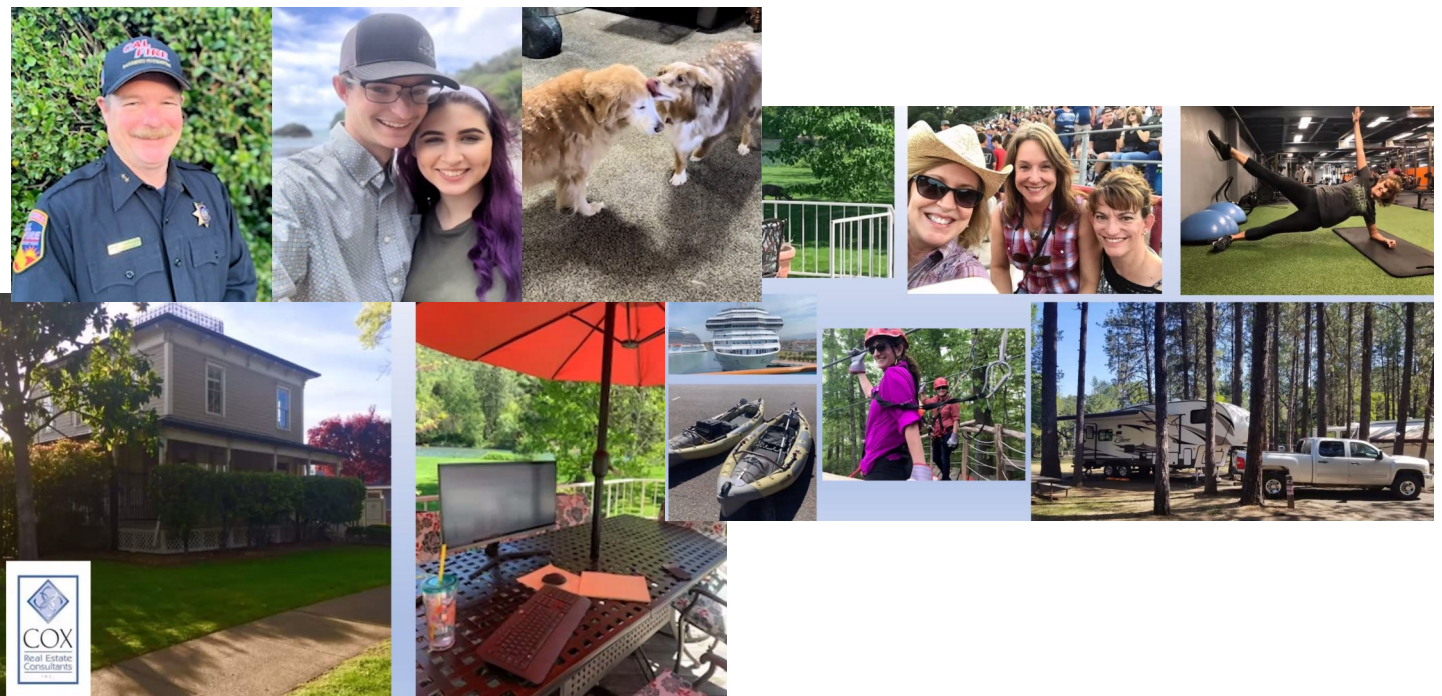
## The Program of the Day Highlights three Redding Rotarians

First is **Janice Cunningham** with the classification of real estate consultant. Janice is married to Shane and has a son, Logan. Shane is a Cal Fire Captain and Assistant District Director. Logan is seen with his girlfriend, Elizabeth. Logan was a foreign exchange student. He has also been a California Highway Patrol Explorer.

Janice enjoys her friends, working out, traveling, camping and even sitting at home enjoying life. Janice has restored an 1887 building which houses her business in downtown Redding. She has served on numerous committees and is a Paul Harris Fellow and also has her Shan.



Janice Cunningham



# Program Continued

**Julie Gussenhoven** is an Optometrist. Her sponsor is Dave Dennis. Julie through glasses and contact lenses give people perfect vision. She mentioned “if you don’t know what an optometrist is yet, you will at some point in your life.”



Julie has three children. She went back to school when she was 31 years becoming an Optometric Doctor. Before that she was a legal assistant. She has no grandchildren but she does have a little dog named Mila. Julie lives alone but Mila keeps her company and happy.

Julie loves Rotary. Her two best friends are Vicki Marler and Janice Cunningham. She has been involved with the Keyway Committee and Bowlathon. Julie loves people and associating with them. The pandemic has been tough on her not being able to hug and be close to people. She said not to worry we will get through this and return to normal.



Next is **Joe Ayer**. Joe is the administrator of [vitalant](#) with the category of Blood Bank—Administrator. Joe is the recruitment manager for Northern California. Some 20 years ago he lived in Whittier, California. It is a large club with about 100 members. Joe was on the verge of being President of the Whittier club but had to move to Sacramento.

Joe moved to Elk Grove and became a member of a Rotary Club there. He was there about one and one half years, again ready to be president when he was transferred to Redding.

Joe has been a member of our club since July 8th, 2010. He is married to Kara. Joe is sometimes mistaken for Joe Wyse. These

are the two Joes of Redding Rotary. With all the chances to become a Rotary president from his previous Rotary life, Joe is finally ready to assume the role as president of the Rotary Club of Redding. Joe is our President Elect. He is looking forward to in person meetings. His goal will be to increase the membership of our club. He is also looking forward to carrying on the fun that President Jake has brought to Redding Rotary. Good luck Joe we are all looking forward to your presidency.



**Wendy Dickens**

Two people that should be mentioned are **Wendy Dickens** who officiated today's program and **Amelia Ward**, who told us about our upcoming fundraiser.

What a great program, learning who our fellow Rotarians are and especially Joe Ayer who will assume the reins from President Jake Mangas.

Keep your eyes peeled for our fundraiser and the fun we will all have April first seeing the videos.



**Amelia Ward**

February 2021 Calendar	
February 4th	Stock Market Update by Courtney McElvain
February 11th	TBA—Valentines Day auction replaced by Dollars 4 Dares fundraiser. More details to follow. See the previous article regarding the event.
February 18th	TBA
February 25th	TBA

# February Birthdays and Anniversaries

Member Birthdays	Birthday
Anderson, Robert C. (ROBERT)	19-Feb
Balma, Rudolph V (RUDOLPH)	17-Feb
Dean, Bruce (BRUCE)	27-Feb
Dicker, Robert J. (ROBERT)	28-Feb
Green, Richard W. (RICHARD)	21-Feb
Howland, David (DAVID)	13-Feb
Mathena, John R. (JOHN)	13-Feb
Maurer, Robert E. (ROBERT)	3-Feb
Maxwell, Judy (JUDY)	7-Feb
McArthur, Victoria P. (MISSY)	6-Feb
McEfee, Todd (TODD)	12-Feb
Potter, Arden Dee (DEE)	16-Feb
Rullman, F. Edward (ED)	21-Feb
Scarr, Brian (BRIAN)	19-Feb
Tate, Randy (RANDY)	18-Feb

Member Anniversaries	Start Date	Years	Years(P)	Total
Corey, Patrick (PATRICK)	2/27/1997	24	0	24
Cunningham, Janice (JANICE)	2/2/2006	15	0	15
Dunlap, John C (JOHN)	2/9/1984	37	0	37
Mangas, Jacob R (JAKE)	2/7/2008	13	0	13
Mathena, John R. (JOHN)	2/25/1982	39	0	39
Maxwell, Judy (JUDY)	2/10/2011	10	0	10
Montague, Jason (JASON)	2/1/2007	14	0	14
Olmstead, Larry (LARRY)	2/20/2020	1	0	1
Price, Judy (JUDE)	2/25/1993	28	0	28
Salter, Jason (JASON)	2/25/2016	5	0	5
Smith, Randall R. (RANDALL)	2/4/1999	22	0	22
Warren, Michael (MICHAEL)	2/9/1995	26	3	29
Williem, Leslie (LESLIE)	2/11/2016	5	0	5

Wedding Anniversaries	Partner's Name	Anniversary	Years
Balkovek, Gregory L (GREG)	Kathy (KATHY)	8-Feb	52
Hedayatzadeh, Joseph (JOSEPH)	Lina Perez (LINA)	4-Feb	15
Lanham, Kristy LeAnne (KRISTY)	Tyler	4-Feb	19

Partner Birthdays	Member Name	Birthday
Brace, Todd	Brace, Mary	15-Feb
Cruse, Cheryl	Cruse, Rubin E. Jr.	5-Feb
Scott, Larry	Dean, Joanna	17-Feb
Richart, Erin	Richart, Jason	13-Feb
Wood, Margaret (MOLLY)	Wood, Mark G.	3-Feb

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