

CONNECTED LIVING

At Today's Meeting...

Team 3's co-captains PP Kathy Anderson & PP Amelia Ward, along with the their entire team in attendance (AKA the Nip & Tuckers), introduced those serving today: Greeters were PP Kathy Anderson, PP Amelia Ward, & Susie Michiels. Keyway Greeters were Andrew McCurdy & Mark Wood. James Tate led the Pledge, Betty Harrison-Smith led the invocation, and PP Tiger Michiels introduced our visitors and guests. Tonja Donoho served as the Sergeant-At-Arms and Jennifer Finnegan handled the President's fundraiser sales.



Amelia, Kathy, & Susie three of the "Nip & Tuckers"

On the mic today..



Pres. Mark running the show



Betty Harrison-Smith with the invocation



PP Tiger Michiels welcoming our guests



Amelia & Kathy introducing their team

	Calendar
July 28	RPD K9 Unit, Danny Smetak
August 4	Dark - Water Works Social
August 11	Shasta County Film Commissioner, Sabrina Jurisich
August 18	Remember the 5, Steve Main

Announcements

Brad Rullman and **PP Steve Westlake** gave a report on the meals that were served at this year's Shasta Youth Camp happening at Shasta College. Plenty of hands were on deck, everyone had a great time serving together and the students were very appreciative. Thanks to all who turned out!

Pres Mark reminded everyone of our upcoming family event at Water Works Park, please see the flier in this issue of the Express.

Erik Poole asked everyone who had not signed up for their committee assignments yet to fill out one of the forms placed on the tables today. If you still need to sign up, <u>follow this link</u>, or fill out the form attached to this issue of the Express and return to Erik, the club office, or bring it to our next meeting.

Recognitions

Leslie Williem was recognized for her taller-than-she-is son for recently graduating high school. \$100 to the club.



PP Pat Corey was recognized for a very successful fishing outing with his granddaughters. 70 fish were caught, so his fine was \$1.50 per fish, for a total of \$105 to the club.



PP Tiger Michiels was recognized for "hobbling a horse in a no-hobble zone" at the recent Rotary District 5160 Round Up. We suspect this had something more do with where he parked his car, but regardless, \$100 was contributed to his Paul Harris.



Brian Scarr was recognized for taking a trip to Phoenix with PP Joe Ayer? (we believe that's actually his daughter). \$100 to the club.



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Today's Program - Connected Living

Michelle Nystrom introduced our very own PP Joe Ayer who spoke about his workplace, Dignity Health's Connected Living. This organization, with a six million dollar annual budget (does that make Joe a six million day man?), is a non-profit serving the needs of seniors in our community. Joe explained that there are four main departments to his organization: Adult Day Health Care, Community Services, Multipurpose Senior Service Program, and Safety Net. Connected living has more that 60 employees and more than 200 volunteers serving each year. Here are some specifics about each of the four departments:

Adult Day Health Care

This program serves both the medical and non-medical needs of senior adults with a variety daytime activities and services such as:

- Supervised daytime program for adults
- Medical or Non Medical
- Services: Skilled Nursing, Physical Therapy, Occupational Therapy, Recreational Therapy
- Opportunity to connect with other like seniors while caregiver has respite
- Meal
- Non institutional social interaction

Community Services

This program covers such things as:

- Foster Grandparents
- Senior Companions
- Retired and Senior Volunteer Program (RSVP)
- Senior Services and Resources
 - Representative Payee
 - Advocacy services
 - Senior Power

Multipurpose Senior Service Program

This department works towards helping seniors live a more independent life by keeping them in their homes and out of convalescent facilities. Some of the things covered here include:

- Personal Care
- Multipurpose Button
- Home repairs
- House cleaning
- Shopping
- · Home delivered food

Safety Net

This covers the following types of services:

- Transportation
- Senior dining
- · Home delivered meals
- Shasta County Food Bank

A Brand New President's Fundraiser!

There are no jokers involved in this year's presidential fundraiser, but you will need a steady hand if you want to win some cash. **Pres. Mark's** game is the Operation Game many of us remember playing as kids. This year's first contestant (and loser) was **Erik Poole**. Better luck next time, Erik.:)





RSVP to Kristi Davis davis.aloha@outlook.com

Alcohol for purchase from Waterworks only No outside alcohol allowed

JOIN US FOR A FAMILY SOCIAL AT WATERWORKS PARK

\$20 per person (ages 2 and up) Guests welcome, all charged to Rotary account. No cash accepted at the gate.

Players Pizza truck onsite for purchase with cash or credit card



Redding Rotary 2022-2023 Committee Sign-Up

Please check the boxes next to any and all committees you wish to join. You will be added to email lists to keep you up to date with the committee.

Have questions? Refer to the document emailed to you with the link to this form, or contact the chair of the committee.

Thank you for all you do for Rotary!

* Name	First
	First Last
Check All Committees You Wish To Join	A/V (Audio / Visual) - Kelley, Jerry (Chair)
	Attendance - Brace, Mary (Chair)
	Club History - Gerard, David (Chair)
	Club Website, Spillway - Christensen, Bret (Chair)
	Finance - Redmon, Maggie (Chair)
	Public Relations - Giovaniello, Tony (Chair)
	Club Endowment - Mathena, John (Co-Chair); Wyse, Joe (Co-Chair)
	Grant Writing - Malain, Kathy (Chair)
	Major Fundraisers - Myers, Lindsay (Chair)
	Rotary Int'l Foundation - Jelke, Jeanne (Chair)
	Chilliwack Twin Club - Anderson, Kathy (Chair)
	I-House - Ward, Amelia (Chair)
	International Fellowship of Scouting Rotarians - Balkovek, Greg (Chair)
	Open World (COIL) - Anderson, Kathy (Chair)
	Youth Exchange Program - Avery, Jeff (Chair)
	Bell Ringers - Domke, Dee (Chair)
	Blood Drives - Barzin, Dar (Chair)
	Community Projects & Environment - Westlake, Steve (Co-Chair); Avery, Jeff (Co-Chair); Rullman, Bradley D. (Co-Chair)
	Food for Thought - Stone, Marjeanne (Co-Chair); Sevilla, Art (Co-Chair)
	Local Project Grant Making - Greek, Rory (Chair)
	Rotary Christmas Project - Williem, Leslie (Chair)
	Rotary Thanksgiving - Barzin, Dar (Co-Chair); Allen, Robert (Co-Chair)
	Club Fellowship - Ward, Amelia (Chair)
	Membership - Balkovek, Greg (Chair)
	Camp Royal - Montague, Jason (Co-Chair); Richart, Jason (Co-Chair)
	Honor to Youth - Scarr, Brian (Chair)
	Mentoring - Jake Mangas (Chair)
	Rotaract/Interact - Donoho, Tonja (Chair)
	Scholarships - Dickens, Wendy (Co-Chair); Freigher, Ken (Co-Chair)
	Veteran's Committee - Balkovek, Greg (Chair)









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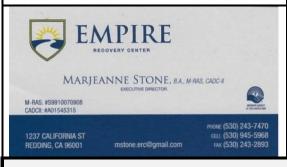
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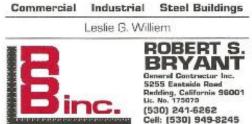


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