



Date of Meeting: September 1, 2022

Day Editor and Publisher: Steve Clark

Pathways to Hope for Children

President Mark introduced Team 2 Captains **Laurie Baker** and **Greg Balkovek** who kicked things off. **Dee Domke** led us in the pledge, **Rick Fauss** provided the invocation and **PP Joe Ayer** introduced Guests and Visiting Rotarians and reviewed election nominees and new **President Elect Wendy Dickens**.

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the available sponsorships. For a limited time Rotary Members have exclusive rights to purchase at half off. There are still many volunteers needed. [Sign up here](#).

I-House: Next **PP Amelia Ward** wanted to be sure we all know how **EASY** it is to host an **I-House** student. Provide a bed, breakfast, drop them off in the morning and pick up in the afternoon. Plus a few dinners you may attend.... who doesn't like to be fed? This is a rewarding tradition that has created many long time relationships. If you have the space we encourage your participation

Announcements: The first Redding Haunted House is quickly approaching. **Michelle Nystrom** let the club now about

International House Scholar Visit March 24-28, 2019 (FINAL) I-House Chair: Amelia D. Ward 530-949-3481			
Date/Time	Events	Contacts	Team Members
Sunday, March 24			
6:00 AM	Pick up at Redding City Hall	Amelia Ward*	Amelia Ward, Susie Michiels
9:45 – 10:00 AM	Pick up scholars at UC Berkeley International House	Amelia Ward*	Amelia Ward, Susie Michiels
10:30 AM	Leave Berkeley	Amelia Ward	Amelia & Susie Michiels
12:15-PM	Lunch At Granzellas /Williams	Amelia Ward*	Amelia & Susie
1:30 PM	Leave Williams	Amelia Ward*	Amelia & Susie
Approx. 3:30 PM	Arrive Redding, Host families pick up scholars at City Hall	Amelia Ward*	All Host Families
No host bar 6:00 Dinner at 7:00 pm	Hosted Welcome Dinner Riverview Country Club	Amelia Ward*	Amelia Ward* Host families
Monday, March 25			
8:00-8:10AM	Board bus Mt. Shasta Snow Skiing	John Dunlap* Amelia Ward*	Susie Michiels, Amelia Ward Lee Salter, Jason Salter
8:15 AM	Depart City Hall		
3:30PM	Depart Ski Park		Tom Ward, Pam Ward
5:00PM	Host families pick up scholars at City Hall	Amelia Ward	Host Families
	Dinner with host family		
Tuesday, March 26			
8:00-8:10AM	Board bus for Silverthorne Lake	Amelia Ward*	Amelia, Greg Dunbar, Susie, Teresa, John Dunlap, Pam & Tom, Bob Vickie's Husband
9:30AM	Arrive at Silverthorne Resort for house boating/ Hike/hot tub	Amelia Ward* John Dunlap*	
4:00PM	Depart for Redding	Amelia Ward*	
5:00PM	Host families pick up scholars at City Hall	Amelia Ward*	Host families
	Dinner with host family		
Wednesday, March 27			
	We went to Sierra Pacific	Due to weather	In Burney
8:00-8:10AM	Board bus for Burney Falls		Amelia Ward, Susie Michiels
9:30AM	Burney Falls Hike	Amelia Ward*	Amelia, Susie, Kristy Lanham
12:15-12:30 PM	Lunch at Jeppetos Pizza in Burney (Rotarian owned)	Amelia Ward*	Amelia, Susie,
1:30 PM	Board Bus for Metal & Stone Sculptures/Crystal lake Hatchery in Cassel CA	Amelia Ward*	Amelia Ward, Susie
3:45PM	Board Bus for City Hall	Amelia Ward*	Amelia Ward
5:00PM	Host families pick up scholars at City Hall	Amelia Ward*	Amelia and Host families
6:00PM	Host Families join Scholars for Western BBQ at Anderson Senior Center, line dancing	Angie Hawkins* President Amelia Ward*	Amelia Ward, Host families
Thursday, March 28			
8:10 – 8:15AM	Board Bus for Shasta Dam	See time change	
8:20AM	Bus leaves for Shasta Dam	Mike Wells* Jim	Jim Murphy, Eric
9:20AM	Bus arrives at Shasta Dam Visitor Center/Tour of Dam	Mike Wells* Jim	Jim Murphy, Eric
11:15AM	Depart for Riverview G & CC		Jim Murphy & Eric
11:30-1:15PM	Lunch with Redding Rotary	Amelia Ward*	Amelia, Redding Rotary
1:30PM	Depart for UC Berkeley	Amelia Ward*	Rotary Club Members

Sample Schedule from 2019

Recognitions: **Kathy Malain** finally knows how she will spend her time in retirement as she shared her two beautiful paintings on display at the art show in **Weaverville**. They are the first things you see when you walk in, and **President Mark** wasn't sure her \$100 donation was enough but **Kathy** assured him it was plenty.



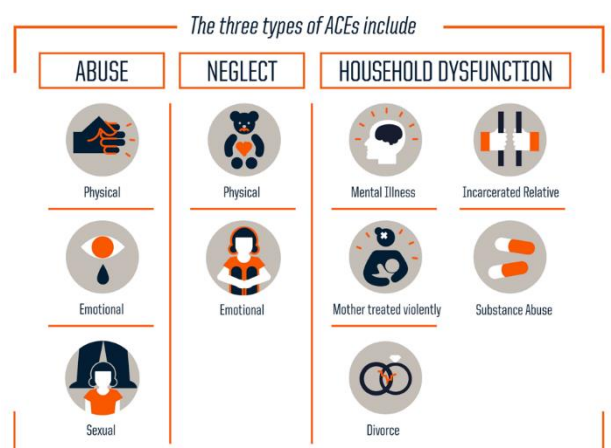
Next up, after some dissent surrounding the authentic nature of **President Mark's** bell, **PP Ed Rullman** shared that his eldest granddaughter got married to **Cole** and celebrated with **Xavier**, their son and **Ed's** great grandson. Worth \$100 to the club; but then **Ed** admitted that **Xavier** is his *second* great grandchild..... double the joy means double the recognition, right? Thanks for the \$200 **Ed!**

PP Joe Ayer proudly announced his daughter has kicked off her career with her first teaching job, and when people had trouble hearing him he ribbed **President Mark** that there were *two* microphones when he was President. That will cost you, **Joe**. \$100 to the club.



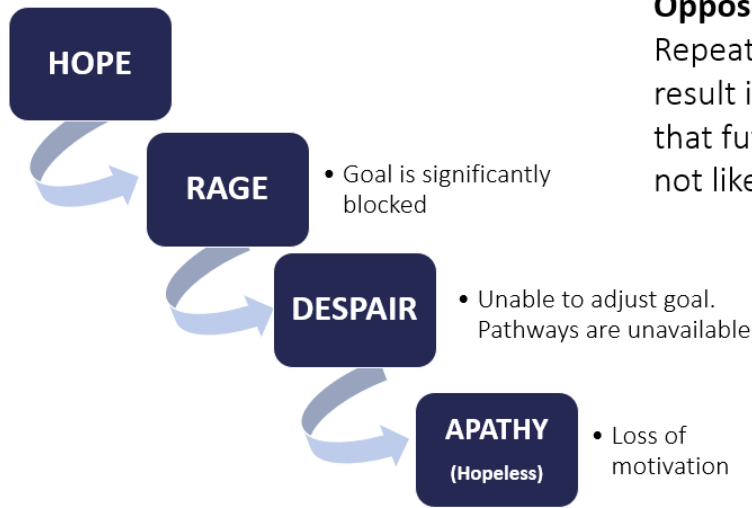
PP Greg Balkovek shared photos of his recent family reunion/vacation to **Hawaii, Monterey and Michigan**. Always a big fan of souvenirs, **Greg** brought home a case of the Covid along with \$100 for the club. Thanks, **Greg!**

Program: Next **Wendy Dickens** introduced **Michael Burke**, a former member of our club and now the **Executive Director of Pathways to Hope for Children**. **Michael explained that Pathways to Hope, formerly known as The Child Abuse Prevention Coordinating Council**, was renamed to focus on a positive trajectory: the fostering and development of **HOPE** rather than focusing on the abuse. **Shasta County** has a problem: we suffer from some of the highest incidents of **ACE's** (Adverse Childhood Experiences) in the nation.



In the past this is where the presentation stopped, but today **Pathways** expands beyond the trauma to **Hope**. “Hope is the belief that the future will be better and you have the power to make it so.” **Michael** went into depth about the **Science of Hope**: that in over 2000 published studies “hope is the single best predictor of well being compared to any other measures of trauma recovery”

The Science of Hope



Opposite of Hope

Repeated failures at goals result in a general expectation that future goal attainment is not likely – “Why try?”



So then if **Hope** is essential to trauma recovery, how do we create hope in the midst of a child’s despair? **Goal setting**. “Goal setting is the cornerstone of **Hope**.”

Pathways now has teen centers in Redding and Anderson. For more info go to hopeshasta.org.

The Simplicity of Hope

Goal setting is the cornerstone of hope.

Pathways refers to the ability to identify routes toward goals and to find new routes (problem solve) around obstacles if necessary.

Agency (Willpower) is the ability to sustain motivation to move along these pathways.

Thanks for the fantastic Presentation, **Michael**. There is tremendous joy in changing lives.

Rotary District 5160 Club: Redding

Birthdays and Anniversaries for 09/01/2022 to 09/30/2022

Member Birthdays	Birthday
Allen, Robert O. (BOB)	18-Sep
Bambauer, Sherrill (SHERRILL)	16-Sep
Dean, Joanna (JOANNA)	10-Sep
Karnatz, Karen Mary (KAREN)	9-Sep
Malain, Kathy (KATHY)	1-Sep
Martin, Wayne (WAYNE)	27-Sep
Rullman, Bradley D. (BRAD)	17-Sep
Seamans, Kendell D. (KEN)	5-Sep
Thomas, Timothy W. (TIM)	15-Sep

Partner Birthdays	Member Name	Birthday
Bridgett, Sean	Bridgett, Stephanie	15-Sep
Fisher, Ed	Fisher, Cindy	16-Sep
Gallino, Eileen	Gallino, Donald F.	14-Sep
Kelley, Janet (JANET)	Kelley, Jerry L	14-Sep
Reguera, Kevin	Reguera, Tiffany	18-Sep
Wyatt, James (JAMES)	Wyatt, Cathleen	21-Sep

Member Anniversaries	Start Date	Years
Ashby, Michael (MIKE)	9/4/03	19
Barzin, Azi (AZI)	9/1/88	34
Finnegan, Jennifer R. (JENN FINNEGAN)	9/3/15	7
Hedayattzadeh, Saeed (SAEED)	9/28/17	5
Karnatz, Karen Mary (KAREN)	9/3/15	7
Michiels, Susan K. (SUSIE)	9/15/16	6
Poch, Eugene F. (GENE)	9/26/91	31
Reynolds, Charles Ronald (RON)	9/30/82	40
Semingson, Thomas R. (TOM)	9/14/16	6
Ward, Amelia Delatorre (AMELIA)	9/30/04	18
Wood, Kenneth H (KEN)	9/30/04	18
Wyatt, Cathleen (CATHY)	9/18/14	8
Wyse, Joe (JOE)	9/8/11	11

Wedding Anniversaries	Partner's Name	Anniversary	Years
Barzin, Azi (AZI)	Alene	3-Sep	58
Kimple, Jack (JACK)	Barbara	9-Sep	5
Redmon, Maggie (MAGGIE)	Theresa	11-Sep	39
Rullman, Ed (ED)	Debbie	8-Sep	38
Seamans, Brian (BRIAN)	Robyn	7-Sep	20
Tallerico, Joseph A. (JOE)	Pat	6-Sep	52
Wyatt, Cathleen (CATHY)	James (JAMES)	24-Sep	17

Calendar

September 8	CERT Program
September 15	Shasta Library System
September 22	Introduction to Fyrbx
September 29	United Way Update

Jill Letendre

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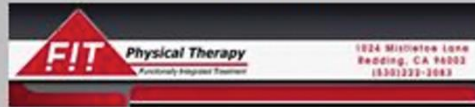


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