



Program: Alzheimer’s Association

"Learning About the Disease and Opportunities to Get Involved"

Today’s meeting was presented by **Team 2**. The Team Co-Captains, **Laurie Baker** and **PP Greg Balkovek** offered an overview of the meeting participants. The Pledge was led by **Scott Pewitt**. Our Invocation was presented by **Mike Mangas**. **Mike** welcomed back **Pat Corey** who had back surgery a few weeks back. He also talked about how the investment Rotarians make in *Time, Talent and Treasure* are multiplied in the community. The Greeters team including **Phil McCarthy, Kathy Malain, and Larry Olmstead**. There were no Keyway Greeters at the meeting. The Audio Video command center was operated by **Jerry Kelley**. **Todd Jones** sold tickets for the President’s “Operation” fund raiser and **Kathy Malain** donated a \$25 Starbucks Gift Card for the Door Prize.

PP Ed Rullman introduced our visiting Rotarians. **Norm Hall** introduced his guest, the new Athletic Director at Simpson University, **Rob Harley**. **Wendy Dickens** introduced her guest, **Haley Huttinsmeir**. **Lindsay Myers** introduced the new Catering Manager at the Sheraton, **Jessica Torres**.



Scott Pewitt,
Pledge



Laurie Baker & PP Greg Balkovek,
Team 2 Co-Captains



Mike Mangas,
Invocation



Mark Ball,
President

Announcement from PP Amelia Ward about I-House:

We are still in need of hosts for six (6) I-House visitors for March 26 – April 2. We currently have 14 Host Families that are housing 28 I-House Visitors.

Announcement from Ken Freigher about the Bowlathon:

The 2023 Bowlathon will be held at Shasta Lanes on March 25th. Ken said, they needed one more team to fill all the lanes and Tony Giovaniello raised his hand to snag the last team opening. They are in need of more lane sponsors!



100 Year Club Anniversary:



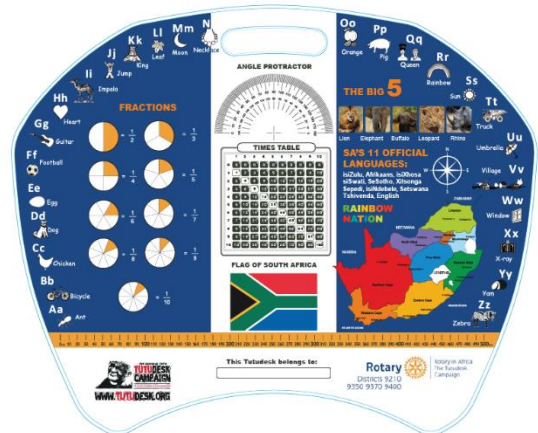
We will be reaching out to schedule in-person interviews, video interviews, and we welcome written stories, documents, and/or photos, that will help us paint the picture of our club's history. Please email Tony Giovaniello at:

tony_giovaniello@yahoo.com

Rory Greek would like to capture video interviews with **all Past Presidents**. We are interested in documenting:

1. Your Biggest Accomplishment?
2. Most Fun Memory?
3. What You Learned about Rotary, People, and Yourself?

President Mark asked us all to consider donating a Tutu Desk for \$20 at www.rotary5160.org



Announcements (cont'd):

ADG, PP Amelia Ward talked about the **"Learning and Leadership Development Assembly"** on Saturday March 25, 2023, at 08:30 AM - 02:00 PM, hosted at Simpson University, 2211 College View Dr. Redding, CA. **Amelia** said that as of Thursday's meeting, we have only had two members register for this assembly. Other Redding Clubs, that are smaller in size, have as many as eight (8) registrants. **Amelia** is encouraging more of our members to register. As you may recall, it is only in the last few years that these Assemblies have been held in Redding. In the past, we had to travel to Woodland, Vacaville, Vallejo, etc. Our participation will help to keep them coming to our area!

Recognitions:



To Paul Harris!

Todd Jones



Todd Jones became an accredited California Economic Developer (ACE) through the California Association of Local Economic Developers (CALED)!

Say that fast three times!!



To Paul Harris!

Gary Parkinson



Gary spent some well-deserved family time while on vacation; and speaking of family, here is a photo of Elk taken from his son's kitchen window of the house they just purchases. Nothing like getting to pick out your dinner from the kitchen window!

Honor to Youth (Presented by Brian Scarr):

Shane Kikut, Principal, Shasta High School (Recommender)

Jenna Cardin, Student, Shasta High School (Honoree)

Kathleen Cardin, Mother (Supporter)

Chuck Sanborn, Grandfather (Supporter)

Ed Schneider, Principal, Grant Middle School (Recommender)

Brayden Tyson, Student, Grant Middle School (Honoree)

Michele and James Tyson, Parents (Supporter)



Program:

Our presentation today, was given by **Heaven Wood** of the Northern California and Nevada Alzheimer's Association. **PP Joe Ayers** introduced our speaker. **Heaven** started by telling us her personal story which involved being a care provider for her grandmother. Her grandmother prior to exhibiting symptoms of dementia had been Heaven's "guardian" as she was emancipated from her family at the young age of 14. Eventually, Heaven become an IHSS Care provider for her grandmother. So, she has a direct connection to this disease and has been active now for the last 7 years in helping educate and fundraise to eliminate the impact of this disease on our communities and the world at large.

Some of the important facts shared in the presentation included:

- 6 million Americans have Alzheimer's
- Dementia is an umbrella term that includes memory loss from:
 - Alzheimer's
 - Vascular Causes
 - Lewy Body
 - Frontotemporal
 - Other Including Huntington's
 - Mixed Dementia (one of more of the above)
- There are new drugs available as of January 2023 that can delay the onset of advanced Alzheimer's symptoms
- Many primary care providers do not know about the types of scanning that can help identify the early indicators of Alzheimer's
- The Alzheimer's Association is working to educate the medical community on these tests and new medications
- They are working with police organizations to help educate them on how to identify someone with memory loss
- Alzheimer's is the 4th leading cause of death in California
- 690K Diagnosed in CA, 4K in Shasta County
- ADRAG – Alzheimer's/Dementia Rotary Action Group – Rotary is a Committed Partner
- "Walk to the End of Alzheimer's" – the largest annual fundraisers



Eva Jimenez
won the \$25
Starbucks Gift
Card



Todd Davis
won the \$30
prize by
saving the
patient with a
successful
surgical
procedure



**This Week's Spillway Brought to you by the Spillway Team
Bret Christensen, Steve Clark, and Tony Giovaniello**

This Edition Written, Edited and Published by Tony Giovaniello



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